香港航空青年團

HONG KONG AIR CADET CORPS

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From: OC E&M Flt, SD Wg To: All OC Major Units

Ref: Cc: DCO SD&S, OC SD&S Gp, OC SD Wg

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Expedition & Mountaineering Workshop Series: Backwoods Cooking Workshop (原野烹飪工作坊)

Have you ever cooked a meal without conventional utensils? There is nothing to beat the magic of cooking something in the embers of a fire! To foster the enhancement of backwoods cooking skills of our fellow members, Expedition and Mountaineering Flight will organize a cooking workshop this summer with details as below, all members are welcome!

Let's share the enjoyment and delicious cuisines with us during the workshop! Happy cooking!

Workshop (工作坊)

Date:	22 nd August, 2021 (Sun)
Time:	09:00 - 17:00
Assembly Time & Venue:	09:00 Sheung Shui MTR Station Exit B2
Location:	Community Sports, Sheung Shui (展能運動村)
Meals:	Prepare by participants under the guidance of instructors
Activity fee:	\$60 for each person (To cover food items for cooking and venue booking fee)
	*Activity fee will be collected during roll call time
Dress code:	Corps Polo Shirt/ Squadron Tee, Long pants & Sports shoes
Target participants:	All members are welcome
Quota:	20 Max (first come first served basis)
Instructor:	SEI - CI Tommy AU-YEUNG & EIs
Equipment list:	Please refer to Appendix I
Notes:	Food will be shared amongst participants

Interested members please return the attached reply slip (*Appendix III*) in MS Word format by email to acc.exped@gmail.com by 2359 hrs 13th August 2021 (Friday) for application.

Fg Off Philip C Y WONG
Officer Commanding Expedition and Mountaineering Flight

Appendix I - Equipment List 1. At least 2L Drinking Water

- 2. Mess Tin
- Spoon & Fork 3.
- 4. Pocket Knife
- Work Gloves
- Note Book & Pen
- 7. Personal First Aid Kit
- 8. Insect Repellent (Optional)
- 9. Sun Block (Optional)

Past activity photos:







